

Planning for your life after retirement

Downsizing can offer a fresh start in later life – and the benefits may astound you.

Moving from a large family home to something easier to manage raises a lot of questions and triggers some powerful emotions.

The practical side of our brain tells us the earlier we do it, the better we are – physically, socially and financially. Yet, understandably it's not a task anyone undertakes lightly.

So, you will be glad to know that the team at Birchgrove are there to help you with your questions and explore what's important to you going forward – at your pace.

Birchgrove operates a portfolio of assisted living communities within and around the M25, offering contemporary self-contained apartments in brand-new, purpose-built facilities.

You'll find Birchgrove apartments

are spacious and, more importantly, future-designed to meet all your needs in later life – without compromising on style.

Our onsite facilities are extensive and include a club room and library, kitchen brasserie, snug bar, wellness and fitness studio, salon, guest suite, landscaped gardens and raised beds, including a greenhouse for keen gardeners.

Our monthly events calendar ensures there is something for everyone; whether lively group activities, or quiet spaces for personal pursuits and reflection.

Everyone has a different reason for moving to us.

Location is a big driver; people want to stay close to family and friends and live in an area they are familiar with so they can get out and about confidently.

They also want to live in a place they feel safe, where people are on hand to help – plus have that all-important opportunity to be around others and socialise.



Accessibility is another key point and all who visit – without exception – say 'wow' when they visit our show suites and see the apartments are not only beautiful but future-designed to be practical and accessible.

Every detail has been thought through to ensure you have a home in which you can live independently, securely and happily.

On the subject of future planning, we work with senior move specialists and independent financial advisors (IFAs) – people

who have the expertise to understand your personal needs best and provide advice that is right for you and your family.

There is a Birchgrove retirement community at Queensgate Apartments, Sidcup; Woodbank Apartments in Hook Heath, Woking and Lower Mill Apartments in Ewell Village which will open in the autumn.

To find out more about Birchgrove and to explore your options, please contact the team on 020 3929 5599 or visit www.birchgrove.life

