

Riverside living in Greenwich



BUYERS searching for culture, community and riverfront views right on their doorstep need look no further than Thames Street – L&Q's spectacular new development. Located on the edge of timeless Greenwich Village – a UNESCO World Heritage site famed for its maritime heritage – Thames Street offers buyers their dream home with no compromises.

The newly launched development, which is situated right on the banks of the River Thames, offers prospective homeowners the serenity of waterfront living coupled with spectacular views towards Canary Wharf. With a limited collection of one-, two- and three-bedroom apartments available – and only two high-specification penthouses on offer – buyers will have to move quickly to turn their dream of waterfront living into a reality.

Apartments have been designed with luxury and modernity in mind. Each home benefits from a private balcony so buyers can enjoy al fresco dining and drinks while taking in the city vista, and floor-to-ceiling windows make the most of the development's fantastic riverside aspect. L&Q's attention to detail extends to the stylishly designed lobby which boasts spectacular light fittings which drop from an impressive double-height ceiling to create a grand entranceway for guests and residents.

The development also boasts fantastic transport links to the City and central London beyond allowing commuters to enjoy quick, hassle-free journeys into the capital. Thames Street is also only moments from the Cutty Sark DLR and Greenwich train stations in Zone 2/3, meaning Canary Wharf and London Bridge are only 17 and 22 minutes away.

Lucy Chitty, sales and customer services director for L&Q's south region said: "With incredible views all the way up to the lights of Canary Wharf, Thames Street is a riverside gem. The launch was a fantastic success, so buyers will need to register their interest quickly to make sure that they don't miss out."

Prices for a one-bedroom apartment start from £487,500. Register your interest at thamesstreet.co.uk



How to boost your wellbeing in later life

WHEN we think of retirement, most of us envision a less stressful way of living that allows us to socialise, take up new or forgotten hobbies and travel.

Yet, the reality is that many retirees in the UK end up living an isolated life or are overwhelmed with everyday admin tasks, which can lead to a drastic decline of a person's wellbeing and quality of life.

Elizabeth Hills from Sidcup was afraid that her mother, 90-year old Rosemary, was facing exactly this scenario.

Elizabeth said: "I can see how people can so easily get isolated, because they are so busy coping with the everyday living that they don't go out or make that phone call or anything.

"My mother was finding the day-to-day living stuff

was taking all her time.

"She had no time doing the things that she really likes like pottering in the greenhouse, writing letters, watching television, reading books, knitting – all those sorts of things.

"Her quality of life wasn't great and could have been a lot better. We also became aware of the need for her to have people around her a bit more.

"Those were the main reasons for starting the search for alternative accommodation."

Determined to help her mother find a suitable property that can improve her overall lifestyle and wellbeing, the search led Elizabeth and Rosemary to Birchgrove, the modern lifestyle village for the over 75s in Sidcup.

Due for completion in spring 2019, Birchgrove will feature 74 modern apartments with one, two and three-bedrooms.

Residents have access to the exclusive onsite facilities that support the residents' wellbeing on a physical and mental level.

The onsite restaurant, club room, library and communal gardens are ideal to socialise with friends, family and other residents, whilst the wellbeing and fitness centre embraces an active lifestyle.

To ensure that residents' look as good as they feel, Birchgrove will also have its very own hairdressing and beauty salon.

For more information, please visit www.birchgrove.life or contact the team on 020 3929 5599.



Chris with Martin Roberts filming as a Property expert on BBC's *Under the Hammer*

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